



Lola Goes to School

by Anna McQuinn

Lola's first day of school was full of fun experiences! One of these was pretending to be a superhero with one of her new friends! You can help your child be a superhero, too! You can create a cape out of a towel or a sheet. First, lay the towel or sheet out and use painter's tape to spell out your child's name. Then, spray the fabric with water until it is damp. Roll up the towel or sheet and divide it into sections using rubber bands. Pour tie-dye colors (found at any craft or neighborhood store) onto the different sections. Stuff the towel or sheet into a gallon-sized plastic bag and let sit for at least 8 hours. Take the fabric out of the bag, remove the rubber bands, and alternate each minute, rinsing in warm and cold water for 5 minutes. Finally, remove the painter's tape, wash the towel or sheet by itself in cold water, and lay to dry. Your child can wear their superhero cape every morning on their way to school!

